

## Senior Inter County - Hemel Hempstead, 17 July 2011 - Women

Let	Name	County	Perf
<b>High Jump A</b>			
1	S CHARIS O'CONNOR	Surrey	1.70
2	K STEVIE LANGFORD	Kent	1.65
3	O HAYLEY PERRIN	Oxon	1.60
4	G ALICE RACKHAM	Herts	1.60
5	EE HEIDI NICHOLAS	Essex	1.55
6	X NINA BASSHAM	Sussex	1.50
7	M CLAUDIA TABONY	Middx	1.45
8	H JESS SHUTTLEWORTH	Hants	1.45

---

Let	Name	County	Perf
<b>High Jump B</b>			
1=	KK DEBORAH MARTIN	Kent	1.55
1=	SS JO ROWLAND	Surrey	1.55
3	E GEMMA ARMORGIE	Essex	1.50
4	GG CLAIRE WARD	Herts	1.40
5			
6			
7			
8			

---

Let	Name	County	Perf
<b>Pole Vault A</b>			
1	G LOUISE SHORTLAND	Herts	3.60
2	K RACHEL ARNHHEIM	Kent	3.50
3	EE KATE COWLEY	Essex	3.40
4	M ALICE HUMBLE	Middx	3.10
5	S LOUISE CLARKE	Surrey	2.70
6	X LAURA DUKE	Sussex	2.50
7			
8			

---

Let	Name	County	Perf
<b>Pole Vault B</b>			
1	KK CHRISTINA MOORE	Kent	2.90
2	MM KATIE MOEY	Middx	2.70
3			
4			
5			
6			
7			
8			

---

Let	Name	County	Perf
<b>Long Jump A</b>			
1	E KITAN ELEYAE	Essex	5.83/0.0
2	S CHARIS O'CONNOR	Surrey	5.58/-0.4
3	M REBEKAH WILTSHIRE	Middx	5.23/0.4
4	K RACHEL HANNAGAN	Kent	5.16/1.5
5	H SAM VAILE	Hants	4.98/0.7
6	OO JEMMA GREGORY	Oxon	4.92/-3.0
7	X NINA BASSHAM	Sussex	4.85/1.5
8	GG ALICE RACKHAM	Herts	4.48/1.9

---

Let	Name	County	Perf
<b>Long Jump B</b>			
1	SS HELEN CHANNON	Surrey	5.31/0.7
2	O SHANA PARKER	Oxon	4.88/0.4
3	EE HEIDI NICHOLAS	Essex	4.79/1.7
4	KK IMETA BARAUSKIENE	Kent	4.75/1.1
5	XX ANNIE ONIONS	Sussex	4.74/1.3
6	MM CLAUDIA TABONY	Middx	4.56/2.4
7	HH LISA MULHOLLAND	Hants	4.35/0.7
8	G SANDRA REED	Herts	4.26/1.5

---

Let	Name	County	Perf
<b>Triple Jump A</b>			
1	X ANNIE ONIONS	Sussex	11.24/-1.9
2	O SHANA PARKER	Oxon	10.60/-4.5
3	S LISA O'BRIEN	Surrey	10.49/2.2
4	M CLAUDIA TABONY	Middx	10.33/-1.8
5	KK IMETA BARAUSKIENE	Kent	10.25/-2.7
6	E POLLY WOODS	Essex	10.01/-1.7
7	HH JESS SHUTTLEWORTH	Hants	9.84/-0.9
8	G SANDRA REED	Herts	9.41/-1.4

---

Let	Name	County	Perf
<b>Triple Jump B</b>			
1	OO JEMMA GREGORY	Oxon	10.13/-3.6
2	MM MICHAELA SHAW	Middx	9.75/-1.9
3	EE HEIDI NICHOLAS	Essex	9.64/-1.6
4	H LISA MULHOLLAND	Hants	9.54/-0.4
5			
6			
7			
8			

---

**Shot A**

1	K	SHAUNAGH BROWN	Kent	14.29
2	E	MEL HARRISON	Essex	11.94
3	S	JO ROWLAND	Surrey	11.90
4	M	SHARIFA BROWN	Middx	10.45
5	X	HELEN MORTON	Sussex	9.35
6	G	DEANDRA SMITH	Herts	8.59
7	H	ANNA STEVENS	Hants	8.35
8	O	ROSIE KINGSTON	Oxon	5.74

---

**Shot B**

1	SS	JASMIN DOTZEK	Surrey	10.86
2	MM	HAYLEY COMER	Middx	9.09
3	XX	NINA BASSHAM	Sussex	8.44
4	EE	HOLLIE REDMAN	Essex	8.08
5	KK	ELLIE DUFFY-PENNY	Kent	7.76
6	GG	CLAIRE WARD	Herts	5.88
7				
8				

---

**Discus A**

1	K	SHAUNAGH BROWN	Kent	48.21
2	H	PHOEBE DAWSON	Hants	40.49
3	E	MEL HARRISON	Essex	39.53
4	M	SHARIFA BROWN	Middx	35.12
5	S	CARLA LETHEBY	Surrey	32.08
6	G	BECCY KNAPP	Herts	29.23
7	X	LAURA DUKE	Sussex	27.06
8				

---

**Discus B**

1	EE	HOLLIE REDMAN	Essex	37.21
2	MM	REBECCA HARDY	Middx	34.27
3	KK	ELLIE DUFFY-PENNY	Kent	32.63
4	HH	ANNA STEVENS	Hants	26.31
5	GG	FRANCES GROSS	Herts	24.55
6	SS	SINEAD O'BRIEN	Surrey	23.40
7				
8				

---

**Hammer A**

1	K	SHAUNGH BROWN	Kent	51.80
2	M	DEBBIE MCCAWE	Middx	48.37
3	E	SARAH SMITH	Essex	48.24
4	S	HELEN EPHGRAVE	Surrey	41.46
5	X	LAURA DUKE	Sussex	41.31
6	G	BECCY KNAPP	Herts	40.23
7	HH	CATHERINE MARVIN	Hants	38.21
8				

---

**Hammer B**

1	EE	CHELSEA COKER	Essex	47.39
2	MM	AMY CLEMENS	Middx	44.52
3	KK	CHLOE SLATER	Kent	42.23
4	SS	PIPPA WINGATE	Surrey	39.71
5	H	AMY CHURCH	Hants	38.17
6	GG	FRANCES GROSS	Herts	34.60
7				
8				

---

**Javelin A**

1	G	ELOISE MEAKINS	Herts	42.25
2	H	SARAH ELLIS	Hants	41.65
3	E	EMMA SMITH	Essex	38.04
4	S	JO ROWLANDS	Surrey	37.07
5	M	FELICIA RUDOLFO	Middx	35.07
6	O	DANIELLE ANDERSON	Oxon	33.94
7	KK	ELLE DUFFY-PENNY	Kent	26.71
8	X	NINA BASSHAM	Sussex	19.89

---

**Javelin B**

1	SS	HOLLY STROUD	Surrey	33.44
2	MM	IZZY KRASSIMENOU	Middx	30.18
3	EE	JESSICA CUTTS	Essex	29.15
4	GG	CLAIRE WARD	Herts	26.53
5	K	LIZ DUFFIN	Kent	26.32
6	HH	JESS SHUTTLEWORTH	Hants	15.55
7	OO	ROSIE KINGSTON	Oxon	14.20
8				

---